

One client I space-cleared for restarted her charity work after a long time. Things get done. Another client saw his business expand afterwards that he had to get a bigger office!

One client wanted to conceive a child. I space-cleared in the morning and she conceived in 36 hours.

Space clearer

Are you in a rut? Here's why "clearing" your home may be your best way out

"FEW PEOPLE KNOW WHAT SPACE-CLEARING REALLY IS," admits UK-born, Singapore-based Tracey Stanton, who's one of 12 registered space clearers in the world trained by leading expert Karen Kingston. An interest in Feng Shui led her to come across the website of Kingston, the pioneer of space clearing and bestselling author of *Clear Your Clutter with Feng Shui* and *Creating Sacred Space with Feng Shui*. "I felt very strongly that this was something I wanted to do with my life," says Tracey, who formerly worked in regional marketing for Singaporean TV production companies. In 2002, Tracey flew to Bali and trained intensively under Karen. Tracey then set up her own company, Red Alchemy, offering consultations in space clearing as well as intuitive Feng Shui. Read on to learn how space clearing works—and what amazing energy it leaves behind.

Q: HOW DOES SPACE CLEARING WORK?

From the moment I arrive and till I leave the client's home, it's all about them [the clients]. I hold their aspirations for the entire consultation. How much can you receive? The more open you are, the more you will receive. My role is to help them facilitate an opening. It's personal as well as space clearing.

Q: WHAT SORT OF ASPIRATIONS DO YOU HOLD FOR THEM?

All sorts. Some people want space clearing for prosperity or an energy lift.



Tracey's DIY space-clearing tip: Get rid of clutter. "The attitude is, 'What will come if I let this go? What will it allow in?'" she advises. "The gifts that come are greater than the things you let go of."

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People also ring me to clear imprints or the previous occupants' energy. If a couple who had gone through a divorce had lived in the house, the new couple starts to have problems. Things repeat themselves in spaces that are not cleared.

I experienced this lovely situation for a Chinese couple. They'd had a strained relationship for a year. As I was about to do the ceremony, the husband was leaving for work but he got curious and stayed. Halfway through, he and his wife were holding hands. They went back to a space as when they were dating. This is what moves me—when you sense lovely changes taking place.

The woman wrote to me afterwards. The husband now comes home feeling welcome. He wants to know what kind of loving energy I've put in their home, which is what we were looking for.

Clearing entities is not what I do. I'm not a ghost-buster. But if I come across one, I let the occupant know and tell them how they can carry on.

Q: WHAT DOES THE PROCESS INVOLVE?
It works much deeper than Feng Shui. When I arrive at the client's house we talk about his or her intentions. What does he/she want? Why am I here today? I create a heart space for them and they start to open. Then I do a round of energy sensing in the whole house. I read the etheric [physical] and astral [mental/emotional] imprints of the space with my hands. I tune into the house—memories, good times, bad times, the type of person or people who live there. All the client's energy is imbued in the walls for us to read.

Q: HOW DO YOU READ THE ENERGY?
You can imagine an antenna connected to my hands! I arrive and energy goes in; it registers. It is a skill

that has taken years of practice; I'm not psychic. At times, it can even feel as real as stepping into the mind or body of the person.

Q: WHAT PROPS DO YOU USE?
I always set up an altar. We use flowers, candles, plates, and incense to represent earth, fire, water, air. These represent the four elements that we work with in space clearing.

Q: WHAT DO YOU DO WITH THESE?
The focus is the 21-step ceremony developed by Karen. After the client and I talk about their intentions and after I see what needs to be cleared, I prepare the altar. I place an offering in each room. Then I clap the space starting from the door. Clapping has a fire to it; it sends fire to corners [where energy gets stuck]. Then I use a set of consecrated bells, which shatter astral imprints in the walls. I do this all the way around the house from the door to create a circle of sound. After belling I go to the altar to do a shielding technique. Then we do meditation. The client holds a harmony ball that soaks in energy. You put your intention in the ball and shake it all over the space.

Q: HOW EXACTLY DO YOU BRING NEW ENERGY INTO THE SPACE?
We're working with unseen worlds of energy. When I'm space clearing, I'm landing an impulse in the space, and people ride on the impulse I land. For the next few months, this opens possibilities for them. It has different



effects for different people. I hold your aspiration in a particular way; I connect with something in a universal way.

Q: WHO HAVE BEEN SOME OF YOUR CLIENTS?
People from all walks of life—bankers, housewives, artists, businessmen; people who are open, who want more harmonious homes or a better life; people who nurture themselves—they're the ones who will do space clearing. There's a lot of practicality to this. I've space-cleared for Catholics, Buddhists, Hindus, Muslims. There are no religious associations with the ceremony. You don't even have to believe it works. You just have to have a strong aspiration.

Contact Tracey Stanton via email: <tracoy@red-alchemy.com>. Surf <www.red-alchemy.com> and <www.spaceclearing.com>. Space-clearing costs US\$80 per hour for homes and US\$110 per hour for offices. (If you don't get Tracey's email reply right away, she may be on retreat.) Tracey will be in Manila in April 2005 and available for consultations.